HEALTH RESEARCH ABSTRACT SUBMISSIONS

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Title of Research *	Risk Factors for Development and Recurrence of Primary Breast Abscesses
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Introduction & Purpose *	We investigated risk factors that predispose to the development of
	primary breast abscesses and subsequent recurrence.
Experimental Design *	This was a case control study of patients with a primary or recurrent
	breast abscess, with recurrence defined by the need for repeated
	drainage within 6 months.

Results *

A total of 68 patients with a primary breast abscess were identified. Univariate analysis indicated that smoking (OR 8.0 [3.4-19.4]), obesity (OR 3.6 [1.5-9.2]), diabetes mellitus (OR 5.7 [1.1-54.9]), and nipple piercing (OR 10.2 [1.3-454.4]) were significant risk factors for development of primary breast abscess. Multivariate logistic regression analysis confirmed smoking as a significant risk factor for the development of primary breast abscess (OR 6.15 [2.65-14.29]) and in the subtype of subareolar breast abscess, nipple piercing was identified as a risk factor (OR 20.26 [2.01-204.28]) in addition to smoking (OR 11.49 [4.41-29.94]). Recurrent breast abscess occurred in 36 (53%) patients. Multivariate logistic regression identified significant odds ratio for an increase in recurrence related to age (OR 1.08 [1.01-1.15] per year), smoking (OR 14.73 [3.18-68.22]), surgical treatment (11.94 [1.08-131.72]), and a decrease in recurrence after MRSA infections (OR 0.02 [0.00-0.72]).

Our results strongly suggest that tobacco smoking is significantly
associated with primary breast abscess and its recurrence. Nipple piercing
is associated with increased risk of developing subareolar breast abscess.
Recurrence is associated with smoking, surgical treatment and increased
age and is less likely with MRSA infections.

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